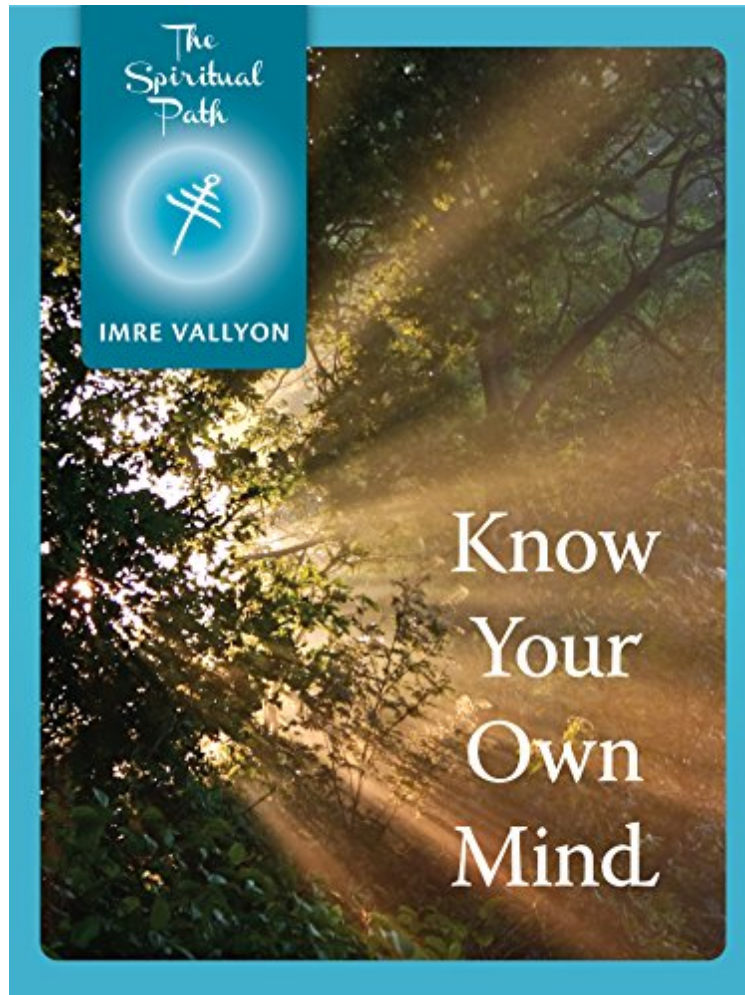


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## Know Your Own Mind (The Spiritual Path Series Book 4) (English Edition)

Von Imre Vallyon

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**Von Imre Vallyon : Know Your Own Mind (The Spiritual Path Series Book 4) (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Know Your Own Mind (The Spiritual Path Series Book 4) (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Know Your Own MindVon csKennst du dein Mind? Ist dir dein Verstand, dein Geist vertraut?Dieses Bchlein besteht aus kurzen Kapiteln, die alle kleine Einsichten, kleine Erleuchtungen erlauben. Es bereitet sehr viel Freude, ist leicht zu lesen und zugleich unbeschreiblich profound, herausfordernd und voller Kraft. Man hat das Gefhl mit jedem Kapitel leichter und freier zu werden. Als Beispiel ein Ausschnitt aus dem Kapitel Role-Playing:Do not take yourself too

seriously. You are merely playing a role. You do not have to be anything. You do not have to be someone important. You need not impress. You need to learn just to be, without worrying about how people think of you. Just be!

Kurzbeschreibung Did you know that you really are a beautiful person? Realizing this about yourself is essentially a process of self-discovery. First you must want to change. It is not enough to simply complain inwardly about the present, the past, or the future. If you are committed to change, this ebook is a set of instructions for you to follow on a daily basis. If you do what is suggested, very soon you will notice the changes. A strong positive mind and a warm Heart will be yours. You will begin to see life differently, you will feel real joy, and finally, you will understand that the author is right: You really are a beautiful person! In Know Your Own Mind, author Imre Vallyon will guide you deep into the workings of your mind, and beyond the limitations of thought to the condition of no-thinking-at-all. This no-thinking is the source of all Power, all Knowledge, all Bliss. It is the Highest State of Being. It is that which is before you. When all activity ceases, there is That. That is So. That is Such. It is inexpressible. It is That which you are looking for. It is That which you have been searching for all your life.

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