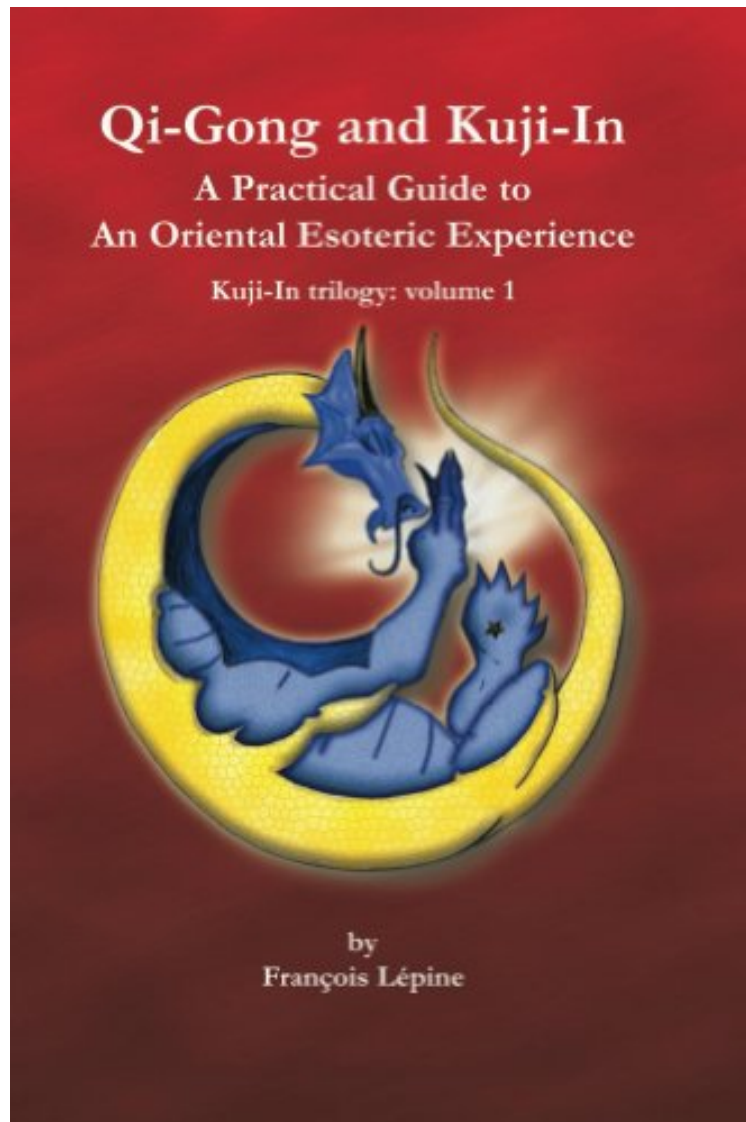


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Kuji-In 1, Qi-Gong and Kuji-In (Kuji-In Trilogy) (English Edition)

Von Francois lepine

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KurzbeschreibungQi is energy in its manifested form, and Gong is the practical method of application. Therefore, Qi-Gong methods are the techniques using the flow of energy inside your body. Kuji-In is translated from the Japanese as "Nine Syllables". Your hands are your primary tool in these practices, and each hand mudra is combined with a specific mantra, visualization and breathing exercise that completes the technique. Practicing Kuji-In as it is presented here will support and enhance every action you take in life. Your psychic abilities will evolve, and you will achieve an expanded perception of the world.You will learn how to activate the energy channels in your body, and feel the Qi / Ki / Chi, so that you can safely and powerfully start your Kuji-In practices with a presentation of all 9 Kuji-In steps of the ritual practice and philosophy.KurzbeschreibungQi is energy in its manifested form, and Gong is the practical method of application. Therefore, Qi-Gong methods are the techniques using the flow of energy inside your body. Kuji-In is translated from the Japanese as "Nine Syllables". Your hands are your primary tool in these practices, and each hand mudra is combined with a specific mantra, visualization and breathing exercise that completes the technique. Practicing Kuji-In as it is presented here will support and enhance every action you take in life. Your psychic abilities will evolve, and you will achieve an expanded perception of the world.You will learn how to activate the energy channels in your body, and feel the Qi / Ki / Chi, so that you can safely and powerfully start your Kuji-In practices with a presentation of all 9 Kuji-In steps of the ritual practice and philosophy.ber den Autor und weitere MitwirkendeMaha Vajra is a modern day enlightened spiritual master. His teachings contain wisdom from more than 23 years of experience on a spiritual path. He masters oriental and occidental spirituality alike, yet most of what he teaches he acquired during his enlightenment experience. Although he is a Buddhist Acharya (bishop), his teachings are from Buddhism, Taoism, Hinduism, Kabbalah, Christianity, and are non-dogmatic. He teaches healing to holistic healers, empowerment to martial artists, ESP to justice enforcers (police, swat, security agencies...). We are all ONE.